

MILK DANCE STUDIOS

We are so excited as we head into our 5th year at MILK! In 2024 we look forward to continuing to nurture and build confident performers while encouraging our dancers to feel free to express themselves and their movement in our safe and positive environment. This year we are so excited to be now offering Musical Theatre as a regular weekday class as well as a few new age groups!!

TERM DATES

TERM 1: Monday 5th Feb - Saturday 13th April (10 weeks)

TERM 2: Monday 29th April- Saturday 6th July (10 weeks)

TERM 3: Monday 22nd July - Saturday September 28th (10 weeks)

TERM 4: Monday 14th October - Saturday December 21st (10 weeks)

FREE TRIAL WEEK

We do offer a ONE WEEK FREE TRIAL. Once the free week is complete we will ask you to fill out our Registration online to finalise your families registration.

ELITE TRAINING

Milk Studios is so excited to be holding our 2024 ELITE performance and training auditions on Saturday Feb 3rd from 10am. This year Milk Studios is excited to continue to offer this opportunity to our dancers who would like to take their training to the next level! In our Junior, Teen and Senior Saturday programs we will be focusing on strengthening our dancers technique in multiple styles as well as working toward performance based events and competitions with our amazing Milk faculty and special guests!

Saturday 3rd Feb Elite Audition Info:

JUNIOR AUDITION (7yrs - 10yrs) 10:00am-11:00am

TEEN AUDITION (11yrs - 14yrs) 11:00am-12:00pm

SENIOR AUDITION (15yrs-18yrs) 12:00pm-1:00pm

link to register for this audition - <https://form.jotform.com/240031476321848>

MILK HIP HOP CREWS

At Milk we offer Hip Hop competition crews. These auditions take place in December each year for the following years teams. A massive Congratulations to our new 2024 teams, we can't wait to see what our Crew Leaders create this year!!

EXAM BALLETT

Please email us if you are interested in your child attending one of our RAD Exam Ballet classes.

If you have any questions please feel free to email info@milkdancestudios.com.au anytime.

We look forward to seeing you in 2024!

Kind regards, Lauren and the Milk Team x



MILK DANCE STUDIOS

2024 Timetable

Petites & Lil Groovers 3-5yrs | Prep 1 - Kindy | Prep 2 - Year 1 | Junior - Year 2 | Inter - Year 3 & 4
 Pre Teen - Year 5 & 6 | Boys - Primary School | Teens - Year 7 - 9 | Seniors - Year 10+

Monday

STUDIO 1	STUDIO 2	STUDIO 3
		3:30pm - 4:00pm RAD GRADE 5/INTER FOUNDATION EXAM BALLET
4:00pm - 4:30pm PREP 2 JAZZ	4:00pm - 4:30pm PREP 1 LYRICAL	4:00pm - 4:30pm TEEN & SENIOR BALLET
4:30pm - 5:00pm PREP 2 LYRICAL	4:30pm - 5:00pm PREP 1 JAZZ	4:30pm - 5:00pm TEEN & SENIOR KTL
5:00pm - 6:00pm TEEN JAZZ	5:00pm - 5:30pm PREP 1 & 2 ACRO	5:00pm - 6:00pm SENIOR LYRICAL
6:00pm - 7:00pm SENIOR JAZZ	6:00pm - 7:00pm TEEN LYRICAL	
	7:00pm - 7:30pm - TEEN & SENIOR ACRO	
7:30PM - 8:45pm OPEN CLASS	7:30pm - 8:30pm TEEN & SENIOR MUSICAL THEATRE	

Tuesday

STUDIO 1	STUDIO 2	STUDIO 3
9:30am - 10:00am LIL GROOVERS		
	3:30pm - 4:00pm GRADE 1/2 EXAM BALLET	
4:00pm - 4:30pm PRE TEEN KTL	4:00pm - 4:30pm JUNIOR/INTER BALLET	
4:30pm - 5:30 INTER JAZZ	4:30pm - 5:00pm PRE TEEN ACRO	4:30pm - 5:30pm JUNIOR LYRICAL
5:30pm - 6:30pm JUNIOR JAZZ	5:00pm - 5:30pm PRE TEEN BALLET	5:30pm - 6:30pm INTER LYRICAL
6:30pm - 7:30pm PRE TEEN JAZZ	5:30pm - 6:30pm PRE TEEN LYRICAL	6:30pm - 7:00pm INTER KTL
7:30PM - 8:45pm OPEN CLASS	6:30pm - 7:00pm JUNIOR ACRO	7:00pm - 7:30pm JUNIOR KTL
	7:00pm - 7:30pm INTER ACRO	

Wednesday

STUDIO 1	STUDIO 2	STUDIO 3
9:30am - 10am LIL GROOVERS		
4:00pm - 5:00pm INTER HIP HOP	4:00pm - 5:00pm JUNIOR HIP HOP	
5:00pm - 6:00pm PRE TEEN HIP HOP	5:00pm - 6:00pm JUNIOR JFH	5:00pm - 6:00pm INTER JFH
6:00pm - 6:30pm JUNIOR & INTER TAP	6:00pm - 7:00pm PRE TEEN JFH	
7:00pm - 7:30pm PRE TEEN TAP		
7:30PM - 8:45pm OPEN CLASS		

Hip Hop
 Jazz
 Lyrical/Contemporary
 Acro (Skills based class, does not perform in concert)
 Ballet

Exam RAD Ballet (Exam class, does not perform in concert)
 Tap
 Musical Theatre
 JFH - Jazz/Funk/Hip Hop
 KTL - Kicks/Turns/Leaps (Technique class, does not perform in concert)

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2024 Timetable

Petites & Lil Groovers 3-5yrs Prep 1 - Kindy Prep 2 - Year 1 | Junior - Year 2 Inter - Year 3 & 4
Pre Teen - Year 5 & 6 Boys - Primary School Teens - Year 7 - 9 | Seniors - Year 10+

Thursday

STUDIO 1	STUDIO 2	STUDIO 3
4:00pm - 4:30pm PREP 1 & 2 BALLE	4:00pm - 5:00pm BOYS HIP HOP	
4:30pm - 5:00pm PREP 1 HIP HOP		4:30pm - 5:00pm PREP 2 JFH
5:00pm - 5:30pm PREP 1 JFH	5:00pm - 5:30pm TEEN/SENIOR TAP	5:00pm - 5:30pm PREP 2 HIP HOP
5:30pm - 6:30pm TEEN JFH	5:30pm - 6:30pm SENIOR HIP HOP	5:30pm - 6:30pm JUNIOR/INTER/PRETEEN MUSICAL THEATRE
6:30pm - 7:30pm SENIOR JFH	6:30pm - 7:30pm TEEN HIP HOP	
7:30pm - 8:30pm OPEN CLASS	7:30pm - 8:30pm MLK CREW	

Friday

STUDIO 1	STUDIO 2	STUDIO 3
9:30am - 10am LIL GROOVERS		

Saturday

STUDIO 1	STUDIO 2	STUDIO 3
9:00am - 10:00am MILK BOTTLES CREW	9:00am - 9:30am PETITE BALLE	
10:00am - 11:00am MILKSHAKE CREW	9:30am - 10:00am PETITE JAZZ	
11:00am - 12:00pm HONEY CREW	10am - 11am JUNIOR ELITE	
12:30pm - 1:30pm MOCHA CREW	11am - 12pm TEEN ELITE	
1:30pm - 2:30pm SPILT MILK CREW	12pm - 1pm SENIOR ELITE	
3:00pm - 4:00pm LUSH CREW		
4:00pm - 5:00pm MVP CREW		

Hip Hop

Jazz

Lyrical/Contemporary

Acro (Skills based class, does not perform in concert)

Ballet

Exam RAD Ballet (Exam class, does not perform in concert)

Tap

Musical Theatre

JFH - Jazz/Funk/Hip Hop

KTL - Kicks/Turns/Leaps (Technique class, does not perform in concert)

MILK DANCE STUDIOS

2024 Pricing

Petites and Preps

30 minute class - \$10 per class/per week

Petites and Preps UNLIMITED PACKAGE:

Unlimited classes - \$40 per week

Juniors, Boys Hip Hop, Pre Teens, Teens & Seniors

30 minute class - \$10 per class/per week

60 minute class - \$15 per class/per week



Juniors, Boys Hip Hop, Pre Teens, Teens & Seniors UNLIMITED PACKAGES:

Unlimited weekday classes - \$55 per week

Unlimited + Elite - \$70 per week

Unlimited + Crew training - \$70 per week

Unlimited + 2 x Crew trainings - \$80 per week

Unlimited + Elite + Crew training - \$80 per week

Unlimited + Elite + 2 x Crew trainings - \$90 per week

- Unlimited does not include special guest workshops, holiday workshops or private lessons
- If your child wishes to cease classes during the term you are still required to pay all that is owing for that term and there will be no refunds once you have booked in your position for the term.
- If your child attends any classes that are included in our Mid year and End of year showcase there will be extra costs involved including costume fees and rehearsal fees.
- Milk does not run classes on Public Holidays and you will not be charged for these dates. If your child is sick or misses a class, classes must still be paid for and we are not able to offer make-up classes.

20% discount for families of more than 1 child.

Private lessons

Senior student faculty \$20 for 30 minutes or \$35 for 60 minutes

Milk faculty \$30 for 30 minutes or \$55 for 60 minutes

Email us for more information.

To register for 2024 classes please follow this link

https://dancestudio-pro.com/online/index.php?account_id=16990

- Please pay all fees online via the parent portal.
- 5% EARLY BIRD Discount will be applied if account is paid 7 days prior to the start of term.
- All outstanding fees will need to be paid before signing up to a new term.
- All crew and elite classes will be invoiced separately to your accounts so you will not need to register for those classes online.
- Please have all fees paid no later than week 5 each term
- The current Active & Creative Kids program vouchers from 2023 expire at 11.59pm, 31 January 2024. Please email us any remaining vouchers for this program if you would like them added to your account for Term 1.

MILK DANCE STUDIOS

Meet the team



LAUREN BLOMDAHL: Director

Lauren moved to Sydney from the Central Coast at 17 to study full time performing arts at Brent Street. She then furthered her training a few years later in LA.

Lauren has travelled the world as a performer, including becoming a residential dancer at Tokyo Disney and performing in a residential show in The Venetian casino, Macau.

Lauren has been in TV commercials including Bonds, Kmart, Cadbury, Woman's Day and Ministry of Sound and danced her way into movies Happy Feet and Son of Mask. She also appeared on the Today Show, Sunrise and Australia's Got Talent with Femme Fatales and has performed at the MTV Awards Australia, Australian Idol Grand Final, the Logies, Fashion Week, Carnival Choreographers ball LA and the opening and closing ceremonies for the Sydney Olympics.

Lauren has also had the opportunity to perform alongside renowned artists including P!NK, Jessica Mauboy, Natalie Bassingthwaite, Kelly Clarkson, and Marvin Priest. She was also a featured dancer in music videos for Australian musicians Jessica Mauboy, Israel Cruz, Cassie Davis and Seany B. Lauren now loves and has so much joy giving back all her knowledge and experiences through her passion for teaching and Choreography and is looking forward to what Milk has in store for 2022



GEORGIE PRICE: Head of Hip Hop

Georgie is a bright, kind hearted and eager choreographer. She was born on the Central Coast and she has been training in all genres of dance under the guidance of many industry working professionals, Georgie has choreographed pieces for several showcases and enjoys the creative process. She has participated in many competitions both interstate and overseas such as Hip Hop International, Dancers Paradise and Danchella. Georgie has a passion for the Hip Hop culture and strives to empower and motivate the younger generation.

EMILY FOX



JESS BATARSEH



GEORGE HOAD



HAYLEY ATKINSON



TANAISHA JURD



LUCINDA GIBBS



RUBY FARRELL



JACINTA EADIE



HOLLY HAMMANT



milk